

BENEFITS OF ESSPORTS

ACADEMIC



SOCIAL



SCHOOL



1) IMPROVED GRADES

Kansas high school students that were a member of their school's Esports team boasted held GPAs that were 1.5 points above their peers (1).

2) INCREASED MOTIVATION

Esports programs can capitalize on students' intrinsic interest in gaming to motivate learning and skill development across academic disciplines (2).



3) IMPROVED MENTAL STATE

Esports players often experience positive effects such as better social interactions (74.6%), increased motivation (44.8%), improved mental health (41.8%), and better concentration (38.8%) (3).

4) IMPROVED SOFT SKILLS

A high school Esports program in Pennsylvania showed that Esports can provide opportunities to learn valuable skills like teamwork, leadership, communication, and problem-solving (2).



5) IMPROVED COMMUNICATION

Multiplayer games, particularly MMORPGs, can enhance communication skills in both foreign language learners and native speakers (4).

6) BENEFITS WITH SELF-CONTROL

MOBA players exhibit higher levels of self-regulation compared to non-players, suggesting a potential link between these games and improved self-control (5).



7) IMPROVED ATTENDANCE

Kansas high school students that were a member of their school's Esports team boasted a 94% attendance rate. (1).

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